

9^ο ΣΧΟΛΕΙΟ ΛΥΚΟΥ 2026

ΣΥΣΤΗΜΑΤΙΚΟΣ ΕΡΥΘΗΜΑΤΩΔΗΣ ΛΥΚΟΣ ΚΑΙ ΝΟΣΗΜΑΤΑ ΣΥΝΔΕΤΙΚΟΥ ΙΣΤΟΥ
Νεότερα δεδομένα και σύγχρονες αντιλήψεις

ΠΡΟΚΑΤΑΡΚΤΙΚΟ ΠΡΟΓΡΑΜΜΑ

9-11 ΟΚΤΩΒΡΙΟΥ 2026 ΑΜΦΙΘΕΑΤΡΟ “Γ ΚΟΤΖΙΑΣ” ΙΑΤΡΙΚΗ ΣΧΟΛΗ ΕΚΠΑ ΓΟΥΔΗ

Στόχος του Σχολείου είναι η προαγωγή της διεπιστημονικής φροντίδας και έρευνας των νοσημάτων του συνδετικού ιστού

Οργάνωση: Παγκρήτια Ενωση Υγείας

Οργανωτές: Δ Μπούμπας και Γ Μπερτσιάς, Ιατρικές Σχολές Εθνικού και Καποδιστριακού Πανεπιστημίου Αθηνών και Πανεπιστημίου Κρήτης

9TH LUPUS SCHOOL 2026

**SYSTEMIC LUPUS ERYTHEMATOSUS AND CONNECTIVE TISSUE DISEASES
UPDATE AND EVOLVING CONCEPTS**

PRELIMINARY PROGRAM

9-11 October 2026 NKUA Medical School “Kotzias” Amphitheater

The 9th Lupus School is a multidisciplinary three day meeting seeking to update physicians and researchers on evolving concepts in etiopathogenesis, diagnosis and targeted therapy in systemic autoimmunity and inflammation

Organizers

D Boumpas, Medical School , NKUA and G Bertias Medical School, University of Crete

Scientific Committee

A Banos, A Fanouriakis, A Hatzioannou, C Mavragani, P Sidiropoulos (Chairs)

Members

M Kostopoulou, M Pappa, K Zoupidou, P Katsibri, D Tseronis, D Merinopoulos, F Karagiorgas, A Repa, S Pitsivdadaki, S Katechis, S Psarelis, S Flouda, K Xavatza

PRE-MEETING CONFERENCE

THE PATHOGENIC ASPECTS OF AUTOIMMUNITY AND INFLAMMATION

Scientific Committee

A Banos, P Verginis, A Hatzioannou, T Alissafi, A Boumpas

POST-MEETING SEMINAR

TRANSLATIONAL RESEARCH IN SLE/CTD : BASICS AND PROGRESS REPORT

Coordinators

A Banos, G Bertias, A Fanouriakis,

PRE-MEETING CONFERENCE
THE PATHOGENIC BASIS OF AUTOIMMUNITY AND INFLAMMATION
Athens, 9-11 October 2026

FRIDAY, 9 OCTOBER 2026

Session 1: THE CELLULAR AND GENOMIC BASIS OF AUTOIMMUNITY AND INFLAMMATION

Chair: G Bertias | Co-Chair: A Hatzioanou

09:00-09:20	Genetics of autoimmune Rheumatic Musculoskeletal Diseases (RMDs)(GWAS, PRS, eQTL): Findings and their implications — J Charamis
09:20-09:40	Single-cell studies in autoimmune RMDs: what have we learned? A critical appraisal — A Banos
09:40-10:00	Pathogenic T cells: Novel concepts and new subsets (stem -like T cells, follicular helper T-cells, T regs — D Kerdidani
10:00-10:20	B cells in the pathogenesis of autoimmunity – What is new? E Sevdali
10:20-10:40	Myeloid (neutrophils and monocytes) in autoimmune diseases: Emerging roles - L Kalafati
10:40-11:00	Single-cell immune phenotyping for autoimmune diseases - N Pashalidis
11:00-11:30	Coffee Break
11:30-12:00	STATE OF THE ART LECTURE: Functional genomics for osteoarthritis and autoimmune diseases – A. Zeggini

Session 2: PROGRESS IN RELATED FIELDS: INFLAMMATION IN CANCER AND OBESITY

Chair: P Veginis | Co-Chair: P Sidiropoulos

12.00-12.30	Cancer inflammation-immune mediated adverse effects of cancer immunotherapy: Mechanisms and potential targets – T Alissafi
12:30-13:00	Obesity and inflammation: the role of GLP1 axis —A Boumpas
13:00-14:00	Lunch Break

9TH LUPUS SCHOOL 2026

SYSTEMIC LUPUS ERYTHEMATOSUS AND CONNECTIVE TISSUE DISEASES UPDATE AND EVOLVING CONCEPTS

MEETING: LUPUS AND CONNECTIVE TISSUE DISEASES (CTDs) SCHOOL SESSION 1 — LUPUS IN REVIEW AND HOW TO TREAT	
Chair: A Fanouriakis Co-Chair: S Psarelis	
14:00–14:20	Year-in-Review: Basic/Translational Studies — A Damanaki
14:20–14:40	Year-in-Review: Clinical/Observational Studies — S Katechis
14:40–17:00	CLINICAL SYMPOSIUM : Lupus in the Office and the Clinic <i>Selected clinical vignettes from the lupus vineyard on early recognition, mimics and life-threatening disease</i> Clinical Vignettes: • Incomplete lupus or UCTD? S Pitsivgadaki • Type I or Type 2 symptoms in SLE: what is the evidence? G Demirtzoglou • Cognitive dysfunction in SLE: fiction and facts. K Drougkas • TTP-like syndromes in SLE: identification and management. A Soufla • Demyelinating syndrome or SLE? V Karachisaridou • The ABCs of hemophagocytic syndromes in SLE: when, what and how. G Moysidou • Infection or lupus flare? A practical approach. G Grigoropoulos • Steroid sparing and withdrawal in SLE: when, which and how. S Katechis • Refractory skin disease: what is new? D Katsifis • Severe eye involvement-retinal vasculitis and optic neuritis. E Parasyri • Lupus APS with pregnancy. S Flouda • Lupus or not? A Pazonis
17:00–17:20	Coffee Break
SESSION 2— CLINICAL ASPECTS OF SLE	
Chair: M Pappa Co-Chair: M Kostopoulou	
17:20–18:40	Focus on Lupus Nephritis • Urinalysis for the diagnosis and monitoring: pearls and pitfalls. I Kofotolios • Renal biopsy: big and small secrets? G Liapis • Tapering and withdrawal of steroids and immunosuppressive therapy: when and for whom and how. M Pappa • Chronic kidney disease : what should the rheumatologist know. M Kostopoulou
18:40–19:00	Cutaneous Manifestations of SLE : photosensitivity and alopecia — case-based — E Sampatakaki / Comments: K Theodoropoulos
SESSION 3 — CHILDHOOD-ONSET SLE AND CTDs	
Chair: L Fotis Co-Chair: E Atsali	
19:00–19:20	Pediatric SLE — Current concepts. L Fotis

19:20–19:40	Childhood-onset CTDs other than lupus: DM, Sjogrens and Scleroderma — E Atsali
19.40-20.30	✦ OPENING LECTURE — Bridging the Gaps Between the Clinic and the Laboratory in Greece: Lessons Learned (P Verginis)

SATURDAY, 10 OCTOBER 2026

SESSION 4 — FOCUS ON IDIOPATHIC INFLAMMATORY MYOSITIS (IIM)

Chair: C Mavragani | Co-Chair: S Flouda

09:00–09:20	Special lecture: From pathophysiology to the treatment of IIM. C Mavragani
09:20–09:40	Should all patients with ILD have a myositis, ANA, ANCA, and ENA panel? B Tzilas
09:40–09:55	Clinical evaluation of myositis panel : who and how. S Flouda
09:55–10:10	Mimics of IIM and when to suspect: cased based. A Apanomeritaki
10:10–10:25	Screening for malignancy in IIM: who, how often and how extensive. A Ainatzoglou
10:25–10:40	Atypical rashes in IMM: beyond Gottron's. E Sampatakaki
10:40–11:00	Muscle biopsy in IIM: is it still necessary, when and how? X Koukouvitaki
11:00–11:20	Coffee Break

SESSION 5 — COMMON TRAITS AND ISSUES ACROSS CONNECTIVE TISSUE DISEASES (CTDs)

Chair: A Banos | Co-Chair: G Bertsiias

11:20–11:40	Type I and type II interferons in CTDs: what, why and implications – C Mavragani
12:10–12:30	Environmental factors as triggers of CTDs: EBV and SLE. G Zampetakis
12:30–12:50	Sexual dimorphism of CTDs: X chromosome , microbiota and other. J Charamis
12:50–13:10	CTD with overlapping features – I Saridakis
13.10-13.30	Recurrent pericarditis in CTDs : Fictions and facts. A Soufla
13.30-14.00	Ultrasonography and CTDs: Which and for whom. D Merinopoulos
13:00–14:00	Lunch Break

SESSION 6 — CHALLENGING CASES OF CTDs

Chair: P Katsimbri | Co-Chair: X Koutsianas

14:00–15:00	Challenging Cases in SLE and Other CTDs (from other centres) (10 minutes each) Nicosia, KAT, Hippokrateio, Thessaloniki, Alexandroupolis
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SESSION 7 — SPECIAL TOPICS IN SJOGREN SYNDROME AND SCLERODERMA

Chairs: F Karagiorgas, A Repa	
15.00–16:30	Sjogen syndrome - From pathophysiology to treatment: what, for whom, when and how. A Goules - SLE with sjogren or Sjogren at high risk for lymphoma-parotid enlargement? L Chatzis - Symptomatic therapy: what is the evidence? F Karagiorgas Systemic Sclerosis - From pathophysiology to treatment. A Banos - Early scleroderma: Is there a window of opportunity? D Tseronis - Severe scleroderma: IST, cellular therapy or HSCT? A Repa
16:30–17:00	Coffee Break

SESSION 8— THE GREEK RHEUMATOLOGY DIASPORA	
Chair: K Chatzidionysiou Co-Chair: K Triantafyllias	
17:00–18:00	Short Presentations : P Garantziotis, D Manolakou, D Nikolopoulos, A Christofidis

SESSION 9 — NOVEL THERAPIES AND WHAT IS COOKING IN THE KITCHEN OF THE INDUSTRY	
Chair: D Boumpas Co-Chair: G Kaliolias	
18:00–19:00	BMS — C. Sjowall (TYK2, CART T-cells) Roche / Genentech UCB / Biogen – Ioannou J&J (Gardenia)
	Merck
	Argenxx Bispecifics (teclistamab) — Janssen
19:00–19:30	Coffee Break

SESSION 10 — DEBATES IN CTDs: B CELL MODULATION, B CELL DEPLETION OR BOTH?	
Chair: G Bertias Co-Chair: D Boumpas	
19:30–20:00	B-cell modulation. G Moysidou B-cell depletion. M. Pappa
SESSION 11 - PREGNANCY IN CTDs	

Chairs: A Fanouriakis, P Katsimbri	
20:00-20:15	Overview. S Ntali
20:15-20:45	Vignettes. S Flouda

SUNDAY, 11 OCTOBER 2026	
POSTMEETING SEMINAR	
TRANSLATIONAL RESEARCH IN SLE/CTD : BASICS AND PROGRESS REPORT	
SESSION 1: THE ABCS OF TRANSLATIONAL RESEARCH METHODOLOGY	
Chair: A Fanouriakis Co-Chair: A Banos	
09:00–09:15	Associations in Clinical Research: When Can We Trust an Association?— K. Drougkas
09:15–09:30	Estimating Causal Effects: An Introduction to Causal Inference Methods – S. Katechis
09:30–09:45	Electronic Health Records / REDCap – K Drougkas-S Katechis
09:45–10:00	Biobanking — D Nikoleri
10:00–10:15	Basic Laboratory Techniques — A Boumpa
10:15–10:30	Coffee Break
SESSION 2: CURRENT RESEARCH ACTIVITIES (INCLUDING MASTER'S / PhD DISSERTATIONS)	
Coordinators: G Bertias, A Banos, A Fanouriakis, A Hatzioannou	
10:30–12:30	Clinical and basic/translational projects interspersed —Presentations by trainees and researchers (10+2) Modulation of the natural history of SLE. S Katechis Neuroimmune intercatons in SLE. A Damanaki Prognostic Value of Sustained Systemic Disease Control in Lupus Nephritis K Drougkas T cells in SLE. G Zampetakis Inhibition of IFN in SLE: real life data. D Nezis-Katsifis Serotonin and T reg function in cancer and autoimmunity. A Boumpas Lupus nephritis registry. M Pappa Sexual dimorphism in lupus mice. J Charamis IIM: Natural history and outcomes. X Koukouvitaki IIM and ILD: Predictors and Biomarkers. A Apanomeritaki
SESSION 3: FUNDING AND GRANTS	
Chair: D Boumpas Co-Chair: G Bertias	
12:30–13:00	Funding Opportunities and Grant Applications — A Raptopoulos (Wellics) Departures

